



Beginning chiropractic care is the first and most important step on your journey towards good health. Please answer all questions on this form completely and honestly. This information will help your doctor of chiropractic determine the best treatment plan for your condition. If you have any questions concerning this form or your future care with our office, please do not hesitate to ask any of our staff members.

**Contact Information**

Patient Name \_\_\_\_\_ Female Male  
Date of Birth \_\_\_\_\_ Age \_\_\_\_\_ Social Security # \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_  
What would you prefer to be called? \_\_\_\_\_ Home Phone \_\_\_\_\_  
Address \_\_\_\_\_ Cell Phone \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_  
Email Address \_\_\_\_\_  
Marital Status: Single Married Divorced Separated Widowed Spouse's Name \_\_\_\_\_  
Employer \_\_\_\_\_ Position/Job Duties \_\_\_\_\_  
I would like the following person to have access to \_\_\_ my complete medical record \_\_\_ other. Name \_\_\_\_\_

**Emergency Contact Information**

Name \_\_\_\_\_ Home Phone \_\_\_\_\_  
Relationship to You \_\_\_\_\_ Work Phone \_\_\_\_\_

**Referral Information**

We would like to personally thank the person, physician, or attorney who referred you to our office.

Existing Patient My Physician My Attorney My Insurance Internet Other: \_\_\_\_\_  
Her/His Name \_\_\_\_\_ Phone Number \_\_\_\_\_  
Address \_\_\_\_\_ City \_\_\_\_\_ State/Zip \_\_\_\_\_

**Billing Information**

Person Ultimately Responsible for Account: \_\_\_\_\_  
Relationship to Patient: Self Parent Legal Guardian Other: \_\_\_\_\_  
Address \_\_\_\_\_ Phone \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_  
Social Security # \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ Driver's License \_\_\_\_\_ State \_\_\_\_\_  
Employer \_\_\_\_\_ Work Address \_\_\_\_\_  
Insurance Company \_\_\_\_\_ ID # \_\_\_\_\_  
Primary Insured's Name \_\_\_\_\_ Relationship to Patient \_\_\_\_\_  
Address \_\_\_\_\_ Cell Phone \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_ Date of Birth \_\_\_\_\_  
Primary Insured's ID # \_\_\_\_\_ Primary Insured's SS \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_

Our policy requires payment in-full for all services rendered at the time of your visit, unless other arrangements have been made with our office manager. Your signature below shows that you understand and agree to our financial policy and that you authorize our staff to perform any necessary services needed during diagnosis and treatment.

Signature \_\_\_\_\_ Date \_\_\_\_\_

## Health History

Patient Name \_\_\_\_\_ Date \_\_\_\_\_

Primary Care Physician \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_ Fax \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Do you have x-rays? Yes [Date \_\_\_\_\_] No Do you have other films (ie MRI)? Yes [Date \_\_\_\_\_] No

We would like to remain in contact with your primary care physician and specialists, as required, during your course of treatment with our clinic to help improve the continuity and quality of your care. This contact will include phone calls and the delivery of reports or films to your PCP as needed. This release can be canceled or limited at any time in writing. Your signature below shows that you understand and agree with our request.

Signature \_\_\_\_\_ Date \_\_\_\_\_

Are you currently seeing any specialists in addition to your PCP? No Yes (Please list names & addresses below)

Physician's Name Specialty Address

Current Medications/Supplements Reason for Taking Prescribing Doctor Dosage

Previous Surgeries Reason Surgeon Date

Please list all known allergies (include food allergies): \_\_\_\_\_

Previous Serious Accidents and Injuries (auto, work-related, falls, etc.): \_\_\_\_\_

Height \_\_\_\_\_ Weight \_\_\_\_\_ Left or Right Handed? \_\_\_\_\_

**Have you or an immediate family member ever experienced any of the following diseases or medical conditions?**

**C** – current medical condition      **P** – past medical condition      **F** – immediate family member

### Respiratory and Cardiovascular

\_\_\_\_ Difficulty Breathing      \_\_\_\_ Asthma      \_\_\_\_ Sinus Problems      \_\_\_\_ Chest Pain  
\_\_\_\_ High/Low Blood Pressure      \_\_\_\_ Congenital Heart Defect.      \_\_\_\_ Heart Murmur      \_\_\_\_ Heart Attack  
\_\_\_\_ Anemia      \_\_\_\_ Stroke      \_\_\_\_ Other \_\_\_\_\_

### Musculoskeletal

\_\_\_\_ Severe/Freq. Headaches      \_\_\_\_ Broken Bones      \_\_\_\_ Frequent Neck Pain      \_\_\_\_ TMJ Syndrome  
\_\_\_\_ Muscle Sprain/Strain      \_\_\_\_ Lower Back Problems      \_\_\_\_ Spinal Surgery      \_\_\_\_ Herniated Disc  
\_\_\_\_ Osteoporosis      \_\_\_\_ Spina Bifida      \_\_\_\_ Other \_\_\_\_\_

### Gastrointestinal

\_\_\_\_ Ulcers      \_\_\_\_ Nausea      \_\_\_\_ Diarrhea/Constipation      \_\_\_\_ Bloody Stools  
\_\_\_\_ Intestinal Ulcers/Colitis      \_\_\_\_ Difficult Bowel Movmnt      \_\_\_\_ Other \_\_\_\_\_

### Genitourinary

\_\_\_\_ Incontinence      \_\_\_\_ Difficult Urination      \_\_\_\_ Kidney Issues      \_\_\_\_ Prostate Pain/Disorders

### For Women Only

\_\_\_\_ Uterine Fibroids      \_\_\_\_ Ovarian Cysts      \_\_\_\_ PCOS      \_\_\_\_ Severe Menstrual Cramping  
\_\_\_\_ Number of Pregnancies      \_\_\_\_ Other \_\_\_\_\_

### Ears, Nose and Throat

\_\_\_\_ Hearing Issues      \_\_\_\_ Visual Disturbances      \_\_\_\_ Other \_\_\_\_\_

### Neurological

\_\_\_\_ Epilepsy/Seizures      \_\_\_\_ Dizziness/Fainting Spells      \_\_\_\_ Migraines      \_\_\_\_ Multiple Sclerosis  
\_\_\_\_ Psychiatric Disorders      \_\_\_\_ Other \_\_\_\_\_

### General Health History

\_\_\_\_ Diabetes      \_\_\_\_ Cancer      \_\_\_\_ Gout      \_\_\_\_ General Fatigue  
\_\_\_\_ Sudden Weight Loss/Gain      \_\_\_\_ Shingles      \_\_\_\_ Hepatitis      \_\_\_\_ HIV+/AIDS  
\_\_\_\_ Alcohol/Drug Abuse      \_\_\_\_ Insomnia      \_\_\_\_ Arthritis      \_\_\_\_ Other \_\_\_\_\_

### Lifestyle – Please Mark All That Apply To You

\_\_\_\_ Alcohol      \_\_\_\_ Tobacco      \_\_\_\_ Recreational Drugs      \_\_\_\_ Caffeine  
\_\_\_\_ Exercise Regularly      \_\_\_\_ Sleep 8+ hrs per night      \_\_\_\_ Wear Orthotics

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## Current Complaint

Patient Name \_\_\_\_\_ Date \_\_\_\_\_

Please describe the quality and location of the pain that has brought you to our office today \_\_\_\_\_

What do you believe has caused this pain?

Fall    Lifting/Bending    Automobile Accident    Accident/Injury at Work    Position During Sleep

Other: \_\_\_\_\_

Please rate your overall pain on a scale from 1 [little to no pain] to 10 [worst pain you have experienced] \_\_\_\_\_

### How have your symptoms affected your daily life?

– decreased my ability to perform this task

– prevented me from performing this task

### Daily Activities Affected by Symptoms

<input type="checkbox"/> Sleeping	<input type="checkbox"/> Eating	<input type="checkbox"/> Bathing	<input type="checkbox"/> Dressing
<input type="checkbox"/> Grooming	<input type="checkbox"/> Sitting	<input type="checkbox"/> Standing	<input type="checkbox"/> Bending
<input type="checkbox"/> Lifting/Carrying	<input type="checkbox"/> Running	<input type="checkbox"/> Sexual Relations	<input type="checkbox"/> Driving Car
<input type="checkbox"/> Moving	<input type="checkbox"/> Reading	<input type="checkbox"/> Writing	<input type="checkbox"/> Shopping
<input type="checkbox"/> Traveling	<input type="checkbox"/> Child Care	<input type="checkbox"/> Dining Out	<input type="checkbox"/> Social Events

### Activities Within The Home Affected by Symptoms

<input type="checkbox"/> Cooking	<input type="checkbox"/> Ironing	<input type="checkbox"/> House Cleaning	<input type="checkbox"/> Laundry
<input type="checkbox"/> Washing Dishes	<input type="checkbox"/> Vacuuming	<input type="checkbox"/> Dusting	<input type="checkbox"/> Interior Painting

### Activities Outside The Home Affected by Symptoms

<input type="checkbox"/> Yard Work	<input type="checkbox"/> Gardening	<input type="checkbox"/> Mowing Lawn	<input type="checkbox"/> Car Washing
<input type="checkbox"/> House Maintenance	<input type="checkbox"/> Farm Activities	<input type="checkbox"/> Pet Care/Exercise	<input type="checkbox"/> Watering Plants

### Work Activities Affected by Symptoms

<input type="checkbox"/> Concentration	<input type="checkbox"/> Computer Work	<input type="checkbox"/> Typing	<input type="checkbox"/> Writing
<input type="checkbox"/> Lifting/Carrying	<input type="checkbox"/> Machine Work	<input type="checkbox"/> Using Telephone	<input type="checkbox"/> Standing Long-Term
<input type="checkbox"/> Sitting Long-Term	<input type="checkbox"/> Traveling	<input type="checkbox"/> Level of Patience	

### Sports and Hobbies Affected by Symptoms

Please list the sports you are unable to participate in:

\_\_\_\_\_  
\_\_\_\_\_

Please list the hobbies or activities you are unable to participate in:

\_\_\_\_\_  
\_\_\_\_\_

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## Chiropractic Care Goals

<input type="checkbox"/> Achieve and Maintain Full Body Health	<input type="checkbox"/> Increase Range of Motion	<input type="checkbox"/> Improve Overall Body Function
<input type="checkbox"/> Treat Specific Condition or Injury	<input type="checkbox"/> Improve Nutrition	<input type="checkbox"/> Reduce Pain Only

Signature \_\_\_\_\_

Date \_\_\_\_\_

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